

DAY 15

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DAY 16

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DAY 17

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DAY 18

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DAY 19

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DAY 20

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DAY 21

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## Cooking on High Worksheet

by Edward Trout

Sunday Lesson delivered on  
**Sunday, November 12, 2017 10:00 a.m.**  
**Unity of Indianapolis**  
907 N. Delaware St., Indianapolis, IN. 46202  
[unityofindianapolis.org/CookHigh](http://unityofindianapolis.org/CookHigh)

### Thanksgiving Pledge:

With a positive heart, I \_\_\_\_\_,  
promise to take note of the blessings in my life. I will make a  
concerted effort to acknowledge relationships, circumstances, and  
opportunities that create my unique life experience. Furthermore, I  
will make note of a minimum of three blessings every day for the  
next 21 days.

DAY 1

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DAY 2

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DAY 3

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DAY 4

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DAY 5

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DAY 6

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DAY 7

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DAY 8

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DAY 9

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DAY 10

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DAY 11

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DAY 12

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DAY 13

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DAY 14

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